

Advocacy Common Core Lesson Film List

Food Inc

Food, Inc. lifts the veil on our nation's food industry, exposing how our nation's food supply is now controlled by a handful of corporations that often put profit ahead of consumer health, the livelihood of the American farmer, the safety of workers and our own environment. Food, Inc. reveals surprising and often shocking truths about what we eat, how it's produced and who we have become as a nation.

Super Size Me

Documentary filmmaker Morgan Spurlock makes himself a test subject in this documentary about the commercial food industry. After eating a diet of McDonald's fast food three times a day for a month straight Spurlock proves the physical and mental effects of consuming fast food. Spurlock also provides a look at the food culture in America through it's schools corporations and politics. "Super Size Me" is a movie that sheds a new light on what has become one of our nation's biggest health problems: obesity.

Forks Over Knives

FORKS OVER KNIVES examines the profound claim that most, if not all, of the so-called "diseases of affluence" that afflict us can be controlled, or even reversed, by rejecting our present menu of animal-based and processed foods. The major storyline in the film traces the personal journeys of a pair of pioneering yet under-appreciated researchers, Dr. T. Colin Campbell and Dr. Caldwell Esselstyn.

Jamie Oliver's Food Revolution

Jamie Oliver is here to start a revolution. The impassioned chef is taking on obesity, heart disease and diabetes in the USA, where our nation's children are the first generation NOT expected to live as long as their parents. Now that's scary! Jamie is inviting viewers to take a stand and change the way America eats, in our home kitchens, schools and workplaces. *Specifically Season 1, Episode 1 and Season 2, Episode 1

King Corn

Engrossing and eye-opening, KING CORN is a fun and crusading journey into the digestive tract of our fast food nation where one ultra-industrial, pesticide-laden, heavily-subsidized commodity dominates the food pyramid from top to bottom - corn.

The Weight of the Nation

HBO addresses the issue of obesity in *The Weight of the Nation*, an initiative that will help launch one of the most far-reaching public health campaigns on this epidemic to date. Developed in partnership with the *Institute of Medicine* (IOM) and in association with some of the world's foremost health-research organizations. Three years in the making, *The Weight of the Nation* spotlights the facts and myths of this public-health crisis, showing how obesity affects the health of the nation and cripples the health care system.

The Future of Food

THE FUTURE OF FOOD offers an in-depth investigation into the disturbing truth behind the unlabeled, patented, genetically engineered foods that have quietly filled U.S. grocery store shelves for the past decade. From the prairies of Saskatchewan, Canada to the fields of Oaxaca, Mexico, this film gives a voice to farmers whose lives and livelihoods have been negatively impacted by this new technology. The health implications, government policies and push towards globalization are all part of the reason why many people are alarmed about the introduction of genetically altered crops into our food supply. Shot on location in the U.S., Canada and Mexico, The Future of Food examines the complex web of market and political forces that are changing what we eat as huge multinational corporations seek to control the world's food system. The film also explores alternatives to large-scale industrial agriculture, placing organic and sustainable agriculture as real solutions to the farm crisis.